

# EXPLORE CURRENT ISSUES IN MENTAL HEALTH



LEARN ABOUT KEY TOPICS IN POPULATION MENTAL HEALTH FROM LEADING RESEARCHERS



The Centre for Mental Health Research, ANU, invites you to participate in the new graduate research course 'Research, Treatment, Policy: Current Issues in Mental Health'. This 13-week graduate course provides a practical introduction to the nature, epidemiology and treatment of mental health disorders.

Lecturers from the Centre for Mental Health Research (CMHR) and specialists from other organisations present a fascinating, graduate-level discussion of recent developments in mental health. Topics include current best practice treatments for common disorders such as anxiety and depression, neurobiology and mental health, and important emerging themes in mental health such as online interventions, ageing and consumer perspectives.

The course is tailored to graduate students with an interest in mental health, professionals working in sectors such as hospitals and nursing homes, and public servants and administrators who need to keep abreast of the latest empirical findings in mental health research.

The course is held over 13 weeks during university semesters at the CMHR building at ANU. Each week involves a four-hour evening session incorporating small-group lectures and interactive tutorial and discussion periods. Assessment is a structured essay and tutorial presentation. Readings will be available before course commencement from the course convener.

## More information is available from:

W: <http://cmhr.anu.edu.au/popm8001.php>

## Course Enquiries:

The Centre for Mental Health Research

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## Current initiatives of the Centre for Mental Health Research, ANU:



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